# HEALTHPERSPECTIVE®

# What is a Brazilian Buttift?

## Scott W. Vann, M.D., F.A.C.S.

A Brazilian butt lift is a surgical enhancement of the buttock using natural fatty tissue and leaving minimal scarring. This enhancement is mostly an enlargement but any areas of the buttock that are too big could be reduced at the same time.

# ARE THERE OTHER BUTTOCK ENHANCEMENT SURGERIES?

Yes, the buttock can be enlarged with a special silicone buttock prosthesis, but this surgery is less popular due to the greater pain, scar, and chance of infection. It is usually used in patients that do not have their own adequate fat to have harvested.

Another type of buttock lift is with the total body lift used mostly in massive weight loss patients. These patients need excess skin removed, which helps the appearance of the lower body including the buttock.

# WHO IS A CANDIDATE FOR THE BRAZILIAN BUTT LIFT?

Anyone with overall good health who desires enlargement of their buttock is a candidate. They also need to have adequate fat in other areas to use to transfer to the buttock.



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They also should desire the reduction of fat in the areas where the fat is removed.

### DO I HAVE LIPOSUCTION TOO?

Yes, liposuction is how we harvest the fat to transfer to the buttock. The common areas to liposuction for transfer are abdomen, flanks, and thighs. The liposuction of the flanks and lateral thighs helps enhance the enlargement of the buttock by reducing these surrounding areas.



# IS THE LIPOSUCTION FAT PROCESSED BEFORE IT IS PLACED IN THE BUTTOCK?

Yes, the fat is separated from the fluids that come out with the liposuction, mixed with antibiotics and placed in syringes to be placed in the buttock. It is injected into the buttock through tiny incisions similar to the tiny liposuction incisions and closed with one stitch.

### IS THE RESULT PERMANENT?

There is always some swelling that occurs that takes a few days or weeks to completely resolve. Some fat does resorb but the resulting correction present at three months is permanent.

# CAN THE ENHANCEMENT BE REPEATED TO GET EVEN LARGER?

As long as there are more areas of fat to harvest, the procedure can be repeated to further enhance the buttock.

For more information on the Brazilian Butt Lift, Dr. Vann can be reached at Savannah Plastic Surgery, 7208 Hodgson Memorial Drive, Savannah, GA 31406 or you may call him at 912-351-5050, toll free at 800-424-8478 or visit on the web at www.savannahplasticsurgery.com